

Small Group Guide

Ephesians 5:15-20

From the sermon - Time



“Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,”

Ephesians 5:15-20

Discuss

1. Have you ever thought of “time” as being something that effects your spiritual life? After hearing this message, why do you think it is so important to “redeem the time”?
2. Psalm 90 presents a prayer of Moses where he asks God to teach them to number their days (v.12). Why is it so important to make the most of each day, as opposed to a year or a season in life? Read Psalm 90:12.
3. What does “redeeming time” (Ephesians 5:16) mean to you? Why is it important to “buy up opportunities” to live for the Lord?
4. When you look at the life of Jesus, He knew that His time was divine and he needed to take deliberate steps in His ministry (SCRIPTURE). What are some ways you can make sure your time is deliberately spent following after God?
5. How do you deal with tendencies to procrastinate?
6. What three areas of your life do think would be improved as a result of a better use of time?

Pray

Begin asking God in your prayer routine that He would show you the important things to do in life. Ask him to help you better manage your time.

Do

1. Make a list of the values you have in this life that God has given you. (Ex: Relationship with God, family, friends, church,
2. List out the ways that your attention is distracted from these values in an unproductive manner.
3. Write a plan of how you can devote your time every day to at least three of the areas listed in step 1.

Next small group meets January 13th